# THE ROLE OF THE LABORATORY IN THE DRE PROGRAM

- More attention given to DRE cases.
  - More testing may be performed based on DRE opinion.
- Court testimony.
  - Corroborate DRE opinion.
  - Provide a possible explanation if DRE opinion is not consistent with lab results.

# WHAT CAN A TOXICOLOGIST SAY IN COURT?

- Results of the analysis & interpretation.
- How the analysis was performed.
- How the drug found affects human physiology and performance.
- Whether a drug causes symptoms observed by the DRE / officer.
- Why the results may not be consistent with a DRE's opinion.
- Specimen issues.

## THE ULTIMATE ISSUE

Can a toxicologist say that a person was "definitely impaired"?

In general, no.

The officer / DRE establishes impairment...the toxicology results show the possible source of the impairment.


## On The Horizon

- The lab is developing methods to provide quantitative levels of some drugs in blood.
- Current quantitative methods:

THC Cocaine

Amphetamines Opiates

Benzodiazepines Methadone

Carisoprodol/Meprobamate Zolpidem

## **Quantitation Cut Off Values**

- THC 2 ng/mL (carbocy-THC qualitative)
- Amphetamines 25 ng/mL
- Methamphetamine 10 ng/mL
- Benzodiazepines 5 ng/mL (7-aminoclonazepam qual.)
- Lorazepam 10 ng/mL
- Cocaine and Metabolites 25 ng/mL (BE qualitative)

## **Quantitation Cut Off Values**

- Opiates 5 ng/mL
- 6-MAM and Codeine 2 ng/mL
- Morphine 10 ng/mL
- Methadone 20 ng/mL
- Carisoprodol 1000 ng/mL
- Meprobamate– 1000 ng/mL
- Zolpidem– 5 ng/mL

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# What Do The Numbers Mean?

- Cases are best handled on a case by case basis.
- Documented case facts are a critical component of any toxicological interpretation.

# What Do The Numbers Mean?

- Some Considerations:
  - Sample collection time
  - Length of time sample is in storage
  - Fatigue and medical conditions

## What Do The Numbers Mean?

- Some Considerations:
  - Withdrawal Effects
  - Tolerance
  - Drug Combinations


# What Do The Numbers Mean? • THC: - Most scientific research deals with plasma, not whole blood (5 ng/mL plasma = 2.75 ng/mL whole blood). - THC typically falls below 2.75 ng/mL less than 3 hours after ingestion. - Effects typically last 6-8 hours depending on dose. \* Some residual cognitive effects may be seen up to longer depending on THC content. What Do The Numbers Mean? Cocaine: - Cocaine in blood is consistent with use within the last 5-6 hours. - Effects typically last 1-2 hours depending on dose. - Late phase effects (following binge use) may last several days. What Do The Numbers Mean? Methamphetamine: - General effects of methamphetamine last 4 - 8 hours depending on dose and method of administration. - Residual effects can last up to 12 hours.

# What Do The Numbers Mean? Opiates (Morphine): - Tolerance makes interpretation difficult. - Effects typically last 4-6 hours depending on dose. - Duration of analgesia increases with age, but the degree of analgesia remains the same. What Do The Numbers Mean? Some drugs may actually enhance a persons ability to drive safely: - Elderly, Those With Anxiety - Therapeutic Levels - Tolerance to Side Effects What Do The Numbers Mean? In some cases blood concentrations can be used to distinguish therapeutic use from abuse.